

DUBAI | UAE

**CAD/CAM Digital &
Oral Facial Aesthetics**
39th Int'l Dental ConfEx

14-15 NOV
DUBAI



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Stepwise management of dentin hypersensitivity: From home care to prosthodontic solutions

Date & Timing: 14 Nov 2025 | 12:10 - 12:50

Venue: Madinat Jumeirah Arena & Conference Centre

Room: Ballroom Johara 1&2

Abstract

Dentin hypersensitivity (DH) is a common condition that can compromise patient comfort and influence restorative planning. This lecture outlines an evidence-based, stepwise approach to DH management. The lecture will describe protocols from daily home care with desensitizing toothpastes to in-office therapies and prosthodontic interventions. Clinical scenarios will demonstrate how effective management of DH improves patient comfort contributing to the success of direct restorations, veneers, crowns, and full-mouth rehabilitations.

Learning objectives

- Explain the etiology and mechanisms of dentin hypersensitivity (DH) and how they impact patient comfort and restorative treatment planning.
- Identify and evaluate evidence-based strategies for at-home management of DH, with emphasis on desensitizing toothpastes and oral hygiene practices.
- Describe in-office therapeutic options, including topical agents, resin sealants, and laser therapy, and their indications.
- Integrate DH management protocols into restorative and prosthodontic procedures such as direct restorations, veneers, crowns, and full-mouth rehabilitation.